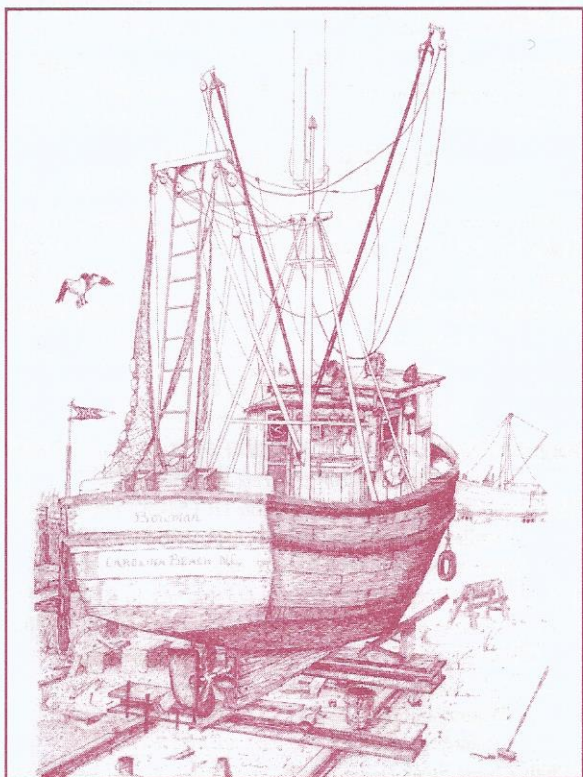


# BOWMAN'S

At The Beach

## SEAFOOD RESTAURANT

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*We Deliver*

*(Minimum \$15.00)*

*\$2.00 Service Charge*

Established 1992

Celebrating 25 Years in Business

*Wayne and Teresa Bowman - Owners/Operators*

911 North Lake Park Boulevard • Carolina Beach, NC 28428

**(910) 458-6292**

[www.bowmansseafoodrestaurant.com](http://www.bowmansseafoodrestaurant.com)



## SEAFOOD PLATES

<b>Lg. Fried Clam Strips</b> 14 oz. Lightly Breaded	16.95	<b>Sm. 12 oz. Lightly Breaded</b>	13.95
<b>Lg. Fried Oysters</b> 20 As fresh As They Come	19.95	<b>Sm. 12 As Fresh As They Come</b>	17.95
<b>Lg. Boiled Shrimp</b> 3/4 Pound Hot or Cold	16.95	<b>Sm. 1/2 Pound Hot or Cold</b>	13.95
<b>Lg. Fried Shrimp</b> More Than 3/4 Pound	16.95	<b>Sm. More than 1/2 Pound</b>	13.95
<b>Lg. Fried Flounder</b> Four Fillets Lightly Breaded	19.95	<b>Sm. Three Fillets Lightly Breaded</b>	17.95
<b>Lg. Fried Whiting</b> Four Fillets Lightly Breaded	16.95	<b>Sm. Three Fillets Lightly Breaded</b>	13.95
<b>Lg. Fried Deviled Crab</b> Four 3 oz. crabs	16.95	<b>Sm. Three 3 oz. crabs</b>	13.95

**Alaskan Snow Crab Legs** Over One Pound of Crab legs 26.95

**Broiled Flounder** Three Fillets with a Touch of Butter added 19.95

**Fried Scallops** 1/2 Pound Sea Scallops Lightly Breaded 19.95

Plates served with Slaw & Hushpuppies and your choice of French Fries, Tater Tots or Baked Potato  
Add a Side Salad for 3.99

## COMBINATION SEAFOOD PLATTERS

Choices: Flounder, Whiting, Shrimp, Oysters, Deviled Crab, Clam Strips, Scallops  
All Items Are Lightly Breaded and Fried

**Commander in Chief Seafood (Includes Everything)** For the one who wants it all 25.95

**Admiral's Seafood (Choice of 6)** Great Variety to Choose from 23.95

**Captain's Seafood (Choice of 5)** For the Picky ones at the Table 21.95

**Skipper's Seafood (Choice of 4)** Just Right for the Seafood Lover 19.95

**Mate's Seafood (Choice of 3)** Makes it hard to pick just Three 17.95

**Sailor's Seafood (Choice of 2)** Two of the Best Seafood Items there are 15.95

Platters served with Slaw & Hushpuppies and your choice of French Fries, Tater Tots or Baked Potato  
Boiled Shrimp instead of Fried Shrimp add 3.00  
Add a Side Salad for 3.99

## CHILD'S MENU

Children 11 and Under Only ~ No Exceptions  
All Fried

**Seafood Plate (Choice of 1)** Flounder, Whiting, Shrimp, Deviled Crab, Clam Strips. All Very Tasty! 8.95

**Chicken Strips** Four Pieces of Chicken Tenderloin Lightly breaded 8.95

Plates served with French Fries or Tater Tots and Slaw and Hushpuppies  
Substitute Baked Potato add .95  
Add a Side Salad for 3.99

## SIDE ORDERS

**Baked Potato** Oven Baked 3.95

**Hushpuppies (per dozen)** Fresh, Not Frozen 3.95

**French Fries or Tater Tots** Real Potatoes 2.95

**Slaw (pint)** Homemade Daily 4.95 (4 oz. cup) 2.00

**Basket of Fries or Tater Tots** A Basket FULL! 4.95

**Bar-B-Que (1 lb.)** 9.95

**Deviled Crab (1)** 3.95

**Onion Rings** Real Onions, Not Chopped 5.95

18% Gratuity on Parties of 6 or more • We Also Accept M/C, Visa, AMEX and Discover

Child's Plate must be accompanied by Adult Order for Delivery

# Bowman's Seafood Restaurant

911 North Lake Park Blvd. • Carolina Beach, NC 28428  
Visit Us Online At: [www.bowmansseafoodrestaurant.com](http://www.bowmansseafoodrestaurant.com)

## LUNCH MENU-DAILY SPECIALS \$8.95

Served Monday - Friday 11:00-2:30

### LUNCH PLATE

Choice of One (1) Meat - Two (2) Vegetables, Roll or Hushpuppies

#### MEAT CHOICES

Flounder, Whiting, Shrimp, Deviled Crab, Clam Strips  
Bar-B-Que • Country Fried Steak • Hamburger Steak • Smoked Sausage  
Pot Roast • Chicken Strips  
Served with choice of two (2) vegetables, roll or hushpuppies

#### VEGETABLE CHOICES

Mashed Potatoes • Green Beans • Lima Beans • Fried Okra • Rice & Gravy  
Slaw • Apple Sticks • Pinto Beans • Turnip Greens • Fried Squash • Potato Salad • Blackeye Peas  
Corn Nuggets • Tater Tots • Macaroni & Cheese • French Fries • Lunch Salad • Apple Sauce

#### VEGETABLE PLATE (each vegetable) 2.25

Baked Potato Substitute add .95

#### SANDWICHES AND SIDE ORDERS

**Bowman's Big Burger** *Hand Pattied 100% USDA Choice Chuck Served with Mustard, Chili, Slaw, Onions* 5.95

**Bar-B-Que** *100% Pure Lean Pork Hand Pulled* 5.95

**Chicken Fillet** *Prepared with Two Lightly Breaded Chicken Tenderloins* 5.95

**Grilled Chicken Sandwich** *5 oz. Skinless Breast* 6.95

**Rib Eye Steak Sandwich** *4 oz. Grilled to Perfection* 7.95

**Philly Cheese Steak** *Onions, Peppers, Mushrooms and Swiss Cheese* 7.95

**Philly Chicken Steak** *Onions, Peppers, Mushrooms and Swiss Cheese* 7.95

**Flounder Burger** *A REAL Fillet....Nothing Square Here!* 7.95

**Shrimp Burger** *Lots of them, Falling of the Bun* 7.95

**Scallop Burger** *Six Pieces of Lightly Fried Sea Scallops* 7.95

**Oyster Burger** *As Fresh as They Come* 8.95

**Whiting Burger** *Real Fillet Peeping Out of the Bun* 6.95

**Clam Strip Burger** *Lightly Fried and Piled High* 6.95

**Bowl of Clam Chowder** *Homemade Fresh Daily and Delicious* 6.95

**Bowl of Oyster Stew** *Homemade Fresh Daily and Delicious* 6.95

**French Fries or Tater Tots** *Real Potatoes* 2.95

**Basket of Fries or Tater Tots** *A Basket FULL!* 4.95

**Onion Rings** *Real Onions, Not Chopped* 5.95

**Hushpuppies (per dozen)** *Fresh, Not Frozen* 3.95

**Pint of Slaw** *Homemade Daily* 4.95

**House Salad** *Prepared Daily with Freshest Ingredients* 6.95

#### BEVERAGES

Tea, Coffee or Soft Drinks 2.25

**WE DELIVER** (Minimum \$15.00)

## DESSERTS

**Cheesecake** (plain or topped with cherries) 3.95

**Pecan Pie** (slice) *Tastes like Mama Made It!* 3.95

## BEVERAGES

**Coffee (Regular or Decaf)** *Fresh Brewed Maxwell House, Good to the Last Drop!* 2.25

**Iced Tea (Sweet or Unsweetened)** *Maxwell House Special Blend* 2.25

**Soft Drinks** *Crisp Coca-Cola Products* 2.25

**Bottled Water** 1.25

(Coke, Diet Coke, Sprite, Sun Drop, Root Beer, Mr. Pibb, Pink Lemonade and Cherry Coke)

*Unlimited Refills on all Beverages*

## BOTTLED BEER

Coors Light, Miller Lite, Yuengling, Budweiser, Bud Light,  
Michelob Ultra, Corona, Corona Light or Natural Light 3.50

Newcastle, Landshark, Heineken, Dos Equis, Blue Moon or Sam Adams 4.00

## DRAFT BEER

Miller Lite, Yuengling or Bud Light

16 oz. (Pint) glass 3.00

Pitcher 10.95

## WINE

Chablis, White Zinfandel or Merlot

Glass 5.95 Carafe 19.95

*Thank You for allowing us to serve you. We choose our products carefully to ensure you the finest and freshest cuisine available anywhere. Our meals are cooked to order and require some time to prepare. It is our desire to provide you with a pleasant dining experience and we appreciate your patience and continued patronage.*

***The Bowmans***

**Visit Us Online At: [www.bowmansseafoodrestaurant.com](http://www.bowmansseafoodrestaurant.com)**